

# Transcript

## Template 4 – WORLD – Introduction

We are now at Step 4. Where you can learn to observe, understand and know the world you live in better, situation by situation.

And for this you can use template 4A, which represents the mnemonic WORLD, meaning W5, Organization, Relationship, Law and duty.

So, to start using the template, you first choose a situation that you identify fairly precisely, and you name it. So, it could be “meeting with a boss” or a person, or being in a conference, whatever. Give it a title that is very representative and then start to describe it using the mnemonic.

You can use it in any sequence you wish, but at first, it's recommended to start with W5, then go to Organization, then Law and Duty and finally Relationship to describe what are the aspects of the situation.

And then you can conclude with doing a narrative or story or description of the situation in detail, in understandable and meaningful detail.

Write a narrative or story or description of the situation, in a way that it gives you more understanding after reflection and that is meaningful to you.

So that's how you proceed with the template 4a to understand the WORLD.

The following videos will provide instructions on how to use template 4a to understand the world aspect by aspect.