

## Who created the Intrinsic Practice? - Transcript

Hi, my name is Jacques Bradwejn. I am the author of the Intrinsic Practice, I wanted to tell you a bit about my training and professional activities.

I did medical school at the University of Sherbrooke in Canada and then went on to do specialty training in Psychiatry at McGill University. I then continued with research training as a Fellow in neuropsychopharmacology at the Université de Montréal, also in Canada.

And after my training, I began my professional activities as a clinician and clinical researcher at the level of assistant and associate professor at McGill University based at St-Mary's Hospital in Montreal. I then continued as a full professor at the University of Toronto and Psychiatrist at the Clarke Institute of Psychiatry.

After years of clinical practice and clinical research, I began a career in leadership as Chair of Psychiatry at the University of Ottawa and Chief of Clinical Services in Psychiatry at the Royal Ottawa Hospital and the Ottawa Hospital. After which, I began as Dean of Medicine at the University of Ottawa and during my mandates as dean, I also became the founding dean of the Ottawa-Shanghai Joint School of Medicine and a visiting professor at the Shanghai Jiao Tong University School of Medicine.

I hope that this information is useful. I wanted you to know me in terms of my training and professional activities as the author of the Intrinsic Practice and so, therefore, I hope it's useful and thank you very much.